844 tier,[35] spells the Boruca name as *tsú-krá*. Both writers identify the plant as *Cuphea utriculosa* Koehne. The third composite of the bath is the bark of a tree growing along the Diquis River, which tree is called *sotacaballo* in Spanish (*Pithecolobium latifolium* [L.] Benth.). It is supposed to give luck and strength, because of its hard wood, to the child. The baby is then 301 given a bracelet, and, frequently a necklace, 751 which are made of tiger and caiman teeth and black and red and black seeds called *neno* or *nene* in Spanish, the black come from the male tree, and the red and black from the female. Pittier reports a similar seed used, but does not give its name, merely claiming that it comes from a small tree (*palo*). In addition, he adds, that the metacarpus of the wood rat and the second joint of the leg of the beetle or a member of the *Coleoptera* family, and the skulls of guatusas, a member of the rodent family, were used on the bracelet, strung on cotton thread, and wrapped three times around the arm. He states that this was to plant virtue in the child's heart.[36] Today, none of these last-
[178] mentioned items are seen. Even the teeth, which are used at present, and are supposed to bring strength to the child, are often replaced by coins.

846 The mother is bathed for three successive days with a liquid made from boiling the leaves of the *guayabo* tree (see p. 6), and the leaves of the *kuet* or *sotacaballo* to strengthen her. In addition to this, she does not drink milk or coffee, nor does she eat pork, nor wet her hands, nor touch food in the kitchen for fifteen days. She does not resume relations with her husband for forty days. However, at least four times a day, she drinks a brew made from the root of *kuikʃ·as* or *cordoncillo* (see p. 11) This is taken to stop the lochia. The mother is up after two days, at the most, but does not resume regular work for eight days.

863 When the baby is between nine and ten months old, he is weaned, and fed atol made of rice and of corn.

881 Puberty. There is no evidence of puberty
841 ceremonies. When girls begin to menstruate, which occurs between twelve and fifteen years, they are given *kuikʃ·as* to drink so that they will not grow per long.

[35] Pittier, 1908, p. 162.

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302 (painted) below the eyes and on the cheeks. . . ." [84] In the 20th century, there is no trace [178] of paint in the Caribbean region. On the [177] Pacific side, a few women copy non-Indians by putting *achiote* on their cheeks in place of rouge and using lipstick which they buy. [751] Cocoa butter is applied occasionally as a protection against the sun.

292 In upper Talamanca and upper Chirripó on festive occasions, during short periods of group [476] work in building a house, clearing forests, hauling logs for a clan grave, etc., men still wear [231] headdresses made of white feathers and of macaw and eagle feathers (*see* Reunions).

301 Formerly the *usegLa* (*see* Social Organization) wore necklaces of jaguar teeth. Today, [825] boys use these necklaces "to get them used to hunting and take away fear of the jaguar." Beads made from sea shells are mixed with these teeth (fig. 12, *c*). The long all-shell [178] strings, called *chaquira* and mentioned in Spanish reports,[85] are not known now. Chil- [777] dren have a "good luck" necklace called *sewivu* in Cabécar. This is made from the bark [824] of a tree called *kuri* which is claimed to be immune to disease and to propagate of its own [237] accord. Sea shells, seeds (occasionally carved), bones, and jaguar, monkey, or alligator teeth are strung on it (*see* Manufacture). When financially possible, women wear strands of [439] red beads which are bought in trading posts or commissaries. There are no earrings in the remote sections.

301 On the Pacific side, the "good luck" neck- 184 laces of children have fewer or no teeth and [777] often a Roman Catholic charm or cross is worn. Here women wear earrings and single [439] strands of glass beads bought from traveling merchants.

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481 roots. They are also adept at crossing swift boulder-filled rivers on foot. Their only aid when traveling is a long staff which they cut for this purpose before undertaking a journey.

[84] Fernández, 1883, vol. III, fn. 10, p. 338.
[85] Fernández, 1882, vol. II, p. 152.

remains in a corner for the next four days, bathing regularly with the same kind of liquid. The medicine man talks for two nights and passes a variety of leaves, including *aik* (*Araceæ* sp.), over her and the new born babe who is also washed with leaves which supposedly have protective powers. These leaves include: lemon grass (*Cymbopogan citratus*); leaf of the *estrella* (*P. auritum* H.B.&K.); and leaf of the *pasmo* (*Miconia impetiolaris* D.Don.).[100] At the end of the eighth day, there is a purification ceremony during which the medicine man blows smoke over the mother and child. He then eats in front of the household so that all can see nothing is wrong and then offers some of the same food to the mother.

On the Pacific slope, the Cabécar only stay isolated for three days and the cleansing ceremony is seldom performed.

The Bribri on both sides of the range have much the same customs as the Caribbean Cabécar. After the fourth day of birth, however, the medicine man appears and orders the woman to bathe, giving her herbs for the purpose.[101] He blows smoke on her and the child and puts a little water mixed with chile, chocolate, and the heart of the *pejibaye* palm in a leaf telling her to wash her hands with it. Then he puts some of the same liquid in his mouth and spits it back into the leaf, repeating this four times.

The woman nurses the child until she becomes pregnant again, or at least from one and a half to two years.

Names. Segarra y Julia[102] calls attention to the practise of not naming a boy but allowing him to choose his own appellation when he reaches puberty. For the most part, the names were taken from individuals who caught their fancy even though not known personally, such as a president, general, etc. These names were frequently changed by whim. This custom is still practised in upper Talamanca.

Pittier[103] notes that the Bribri male had a secret name. In 1956, however, with perhaps the exception of upper Talamanca and Chir-

[100] This leaf is supposed to give a pale color to the infant.

[101] This is called the *papakuok* ceremony. *pa* in this instance is "tabu" or "thing that is not touched." It